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CULINARY ARTS

Directors: Shelley Brooks, Marjorie Paddle
Chair: Shelley Brooks
Co-Chairs: Kristin Lawlor, Tasha Vankoughnett, Lindsay Devlin
Committee: Ellen Mortfield, Judy Hamilton, Haley & Tyler Vankoughnett, Olivia Brooks

Entry Date: Friday, September 16, 2022 – 3:00 pm - 5:30 p.m.
Judging: Begins Friday, September 16, 2022, at 6:00 p.m.

NOTE: Entry tags and forms can be picked up in advance at the Fair Board office, Kingston Memorial Centre, open Tuesday, Wednesday, Thursday 9 a.m. to 2 p.m.

NEW REGISTRATION & DROP OFF TIME!

Friday, September 16: 3:00 – 5:30 p.m.

Bring your entries with entry form, registration forms and entry tags completed to the glassed-in showcase area at the north side of the Memorial Centre.

Park at Alfred Street entrance.

*** NO entries will be accepted after 5:30 p.m. Friday, September 16, 2022.**

RULES & REGULATIONS

****Covid rules will apply as required****

1. General exhibitor rules #1-34 where applicable.
2. **NEW:** Bring a reusable tote or box for your entries, labelled with your name, to facilitate pick-up at the end of the exhibit.
3. Attach entry tag to each article.
4. Please comply as closely as possible for size requirements.
5. Prize winning entries will be placed on exhibit in glassed section, north end of Memorial Centre.
6. Non-winning entries to be picked up at close of judging, approx. 8:00pm – 9:00 p.m. Friday September 16, 2022, or will be discarded.
7. Winning entries can be picked up Sunday September 18, 2022, between 10 – 11 a.m. or will be discarded.
8. Homemade buttercream icing only unless otherwise specified.
9. Muffins should not be baked in paper liners.
10. No commercial dough, filling, frostings or mixes are to be used.
11. Judges selected by the Society are fully qualified. Their decision is final.
12. If a youth chooses to enter adult classes, they must pay the \$5 membership fee and are not eligible for youth classes. 15% of prize money will be deducted for administration fees. No administration fees for Juniors or 4H.
13. **Each item must be entirely made by the person entering.**

Prize Draw: Entrants receive a ticket for every three entries in Sections 1 – 37
 Pampered Chef Gift Basket valued at \$80, donated by Lindsey Devlin, Pampered Chef
 Consultant, www.pamperedchef.ca/pws/lindsaydevlin
Draw will take place at close of judging, Friday night.

FIRST TIME EXHIBITOR DRAW FOR SECTIONS 1 -37

PLEASE NOTE ON YOUR REGISTRATION FORM IF YOU ARE A FIRST TIME EXHIBITOR!
 \$25 Essential oils gift pack donated by Tasha Vankoughnett, doTERRAWellness Advocate
www.mydoterra.com/natashavankoughnett

**ALL COOKIES, SQUARES, BROWNIES, CUPCAKES, TARTS, MUFFINS, TEA BISCUITS ARE
 TO BE DISPLAYED 3 ON A PAPER PLATE IN A CLEAR PLASTIC BAG, WITH ENTRY TAG
 STAPLED OR TAPED TO THE BAG, UNLESS OTHERWISE SPECIFIED.**

PRIZE MONEY	1st	2nd	3rd
Unless otherwise specified	\$10.00	\$8.00	\$6.00

CLASS 80 – CULINARY ARTS

YEAST BREADS

Enter breads in clear plastic bag. Attach entry tag to outside of bag.

Judging Standard for Breads

General Appearance: size and shape, colour, crust

Internal Appearance: texture, colour

Flavor & Aroma: sweet and nutty, free from yeast odor

Breads must have entire crust and not buttered, baked in standard size loaf pans unless otherwise specified.

\$25.00 for Top Points in Breads ,sponsored by Grains & Goods Farmstead Bakery

1. 1/2 loaf white bread
2. Artisan round loaf, any named variety. Enter ½ loaf.
3. 1/2 loaf of Raisin Bread
4. Clover leaf rolls 3 on a paper plate in clear plastic bag
5. Bread machine, 1/2 loaf of whole wheat bread
6. 1/2 loaf of any sourdough bread round – variety named
7. Gluten-free yeast bread –1/2 loaf--any variety, named
8. Decorated focaccia bread, 8 or 9 -inch round or square.



QUICK BREADS

Enter half of loaf in a clear plastic bag, displayed on a small paper plate. Muffins and biscuits should be entered with 3 on a small paper plate in a clear plastic bag. Attach entry tag to the outside of the bag.

9. Zucchini bread
10. Lemon bread - with glaze only
11. Date and nut bread
12. Banana bread – no nuts
13. Gluten-free muffins-- any variety, named
14. Blueberry Muffins
15. Banana muffins (plain, no nuts or chocolate chips)
16. Bran muffins with raisins
17. Any muffins your choice--named
18. Plain tea Biscuits

COOKIES, SQUARES & TARTS

Enter 3 on a small paper plate in clear plastic bag. Cookies should be approximately 2 - 2 ½ inches in diameter. Squares in approximately 2 x 2- inch pieces. Tarts regular, not mini size. Attach entry ticket to the outside of the bag.

19. Oatmeal chocolate chip cookies
20. Plain oatmeal cookies
21. Peanut butter cookies
22. Cookie of your choice, named
23. No bake cookie
24. Chocolate Brownies iced, no nuts
25. Date Squares
26. Lemon squares
27. Shortbread cookies, undecorated
28. Butter Tarts, plain (no raisins or nuts)

CANDY

3 pieces approximately 2 inches square on a small paper plate in a clear plastic bag. Attach entry ticket to the outside of the bag.

29. Chocolate fudge
30. Brown sugar fudge
31. Nut brittle(any kind of nuts)

PIES

Judging Standards for pies

General Appearance: shape, colour, attractive edging

Crust: Top Crust-flaky, tender, medium thickness. Bottom Crust- flaky, well-baked, not soggy, medium thickness. **Filling:** depth of filling (approx. ¾ full) should hold shape when cut.

Slice of pie - 1/4 of an 8" or 9" pie to be displayed on a paper plate in a clear plastic bag. Attach entry ticket to the outside of the bag.

- 32. Lemon Meringue pie
- 33. Pumpkin pie
- 34. Apple pie

CAKES

Judging Standards for Cakes

Size: medium, uniform thickness of layers

Shape: evenly risen slightly rounded top, straight edges

Colour: even golden brown, crust tender, thin

Icing skillfully applied and in good proportion to cake.

Internal Appearance: fine, even grain, slightly moist. Filling must compliment cake.

Flavour: delicate, pleasing, not overpowered by any one ingredient

Exhibit one quarter of cake baked in an 8-inch or 9-inch pan, (approximately 4"X4" piece) except fruitcake (1-inch slice) to be displayed on a paper plate in clear plastic bag. Attach entry ticket to the outside of the bag.

- 35. Banana cake, icing of your choice
- 36. Dark fruitcake 1" slice
- 37. Chocolate cakewith chocolate buttercream icing
- 38. Bundt cake (any variety, named on entry ticket. Exhibit one quarter of cake)

CLASS 80 – CULINARY ARTS SPECIALS

8001. Decorated Cake Special

Decorated cake with a Child's birthday theme (not to exceed 9"x13")

Judging will be based on 60% decoration, 40% cake. All decorations must be edible.

1st- \$20.00 2nd- \$10.00

8002. The Dolores Brooks Memorial Gift Basket

Get creative! A decorated 3-litre fruit/veg basket containing 3 homemade food treats.

Theme: Halloween

1st - \$20.00 2nd- \$15.00 3rd- \$10.00

8003. O.A.A.S. Butter Tarts Contest -Sponsored by the family of the late Mary F. MacDonald in her memory. 6 tarts (no nuts or fruits) should be displayed on a paper plate in a clear plastic bag. **Recipe MUST be attached.** **1st- \$50.00 2nd - \$30.00 3rd- \$20.00**

***NOTE: Winner in section 8003 will be asked to make Butter Tarts for the Fall District 3 Annual Meeting. First place at the Annual meeting will then go on to OAAS Convention in the following year.**

OAAS RULES

1. Butter tart entry must be solely made by the person entering the competition.
 2. The entrant must have won the Butter Tarts Competition at the local Fair/Exhibition to be eligible to enter the District-3 Competition.
 3. The entrant must have won the District 3 Competition to be eligible to enter the Ontario Association of Agricultural Societies Competition at the 2023 convention. The Convention winner will become the OAAS Ontario Butter Tart Baker Champion in the Province of Ontario.
 4. In the case where the District-3 winner is unable to send an entry to the convention, then the 2nd prize District-3 winner will be eligible to enter.
 5. The size of the tarts must be full size tarts. 6 on a plate. (No mini or bite size tarts)
 6. Butter Tart Entry must have recipe attached
 7. District 3 winners must send their recipe form with entry to the convention.
 8. Exhibit (Butter Tarts) must be on a clean sturdy plate (**no paper plates**) in a clean, clear, plastic bag, tagged with the exhibitor's name, address, and District 3 represented using the entry tag provided.
 9. Entries will be received at the Convention, according to the convention schedule. Butter Tarts will be judged according to OAAS Homecraft Judging Standards as listed on the website.
- Provincial Prize Money 1st \$50.00 2nd - \$30.00 3rd - \$20.00

8004. Heritage Baking Contest (Sponsored by Harrowsmith Women's Institute)

Display a 4 inch by 4-inch piece **on a plate, not paper**, covered in a clear plastic bag. **Attach entry ticket to the outside of the bag.**

1st - \$15.00 2nd- \$12.00 3rd- \$10.00

MOTHER'S APPLE CAKE

An unusual and delicious cake from the Annapolis Valley

¾ cup shortening	Topping: ¼ cup sugar
1 cup white sugar	½ tsp cinnamon
2 eggs	½ cup chopped nuts
1 large orange, juice & grated rind	
2 cups flour	
2 tsp baking powder	
½ tsp salt	
¼ cup jam (your choice)	
2 apples, unpeeled, grated	

Cream shortening and sugar together. Add eggs, then sifted dry ingredients and orange juice alternately. Put one half of mixture in pan, spread with jam, and grate the apples over the jam (grate coarsely). Put remainder of mixture on top and sprinkle with ¼ cup of sugar and half tsp cinnamon mixed with half cup chopped nuts. Bake approximately 45 minutes at 350 degrees.

To be eligible for Bernardin Specials you must use Bernardin Jar and cap.

Bernardin Specials

**8005. Best of Show – Judge’s choice: Best entry from Classes 39 – 56. Wins \$30
Bernardin product coupon.**

**8006. Jam/Jelly Award—Judge’s choice: Best entry from all jams/jellies. Wins \$20
Bernardin product coupon.**

**8007. Gift Pack: 3 canned/preserved items displayed in creative container. Wins \$20
Bernardin product coupon**

PRESERVES

PRIZE MONEY	1 st	2 nd	3 rd
	\$10.00	\$8.00	\$6.00

NEW

8008 – Maple Syrup – Amber

8009 – Honey – 250 mls

(To be eligible for OAAS Competition please check OAAS website)

Judging Standards

Judged on appearance, texture, flavour. No rusty or re-used lids. No wax seal. No personal labelling. Must be canned in the current or previous year—no older entries. One entry per person per section.

39. Strawberry jam
40. Grape jam
41. Raspberry jam
42. Blueberry jam
43. Canned Peaches
44. Beet Pickles
45. Dill Pickles
46. Bread and Butter Pickles
47. Cucumber Relish
48. Corn relish
49. Chili sauce
50. Fruit Chutney of your choice--named
51. Pepper jelly
52. Salsa (Mild)
53. Pickle of your choice not listed--named
54. Freezer jam of your choice--named
55. Relish of your choice--named
56. Jelly of your choice--named

YOUTH DIVISION

Membership is free for Youth in the Culinary Arts Youth Division. If a youth chooses to enter adult classes, they must pay the \$5 membership fee and are not eligible for youth classes. **Items should be made by the child entering, with age-appropriate parental supervision where required.**

NEW: Every youth entering all 3 categories in their age class will be entered in a draw for two movie passes. Donated by Kingston Cineplex Odeon Cinemas.

PRIZE MONEY	1 st	2 nd	3 rd
Unless otherwise specified	\$10.00	\$8.00	\$6.00

CHILDREN 7 and under as of September 1, 2022

Display 3 on a paper plate in a clear plastic bag. Attach entry ticket to the outside of the bag.

- 57. Favourite square--named
- 58. Rice Crispie squares- decorated
- 59. Farm animal cookies - decorated

CHILDREN 8–10years as of September 1, 2022

Display 3 on a paper plate in a clear plastic bag. Attach entry ticket to the outside of the bag.

- 60. Plain Chocolate chip cookies- no nuts
- 61. Decorated cupcakes –3 on a paper plate NO PAPER LINERS
- 62. Banana muffins

CHILDREN 11-13years as of September 1st, 2022

Display 3 on a plate in a clear plastic bag. Attach entry ticket to the outside of the bag.

- 63. Decorated Sugar Cookies
- 64. Peanut Butter cookies (plain)
- 65. Brownies – 2 x 2 inch pieces (frosted, no nuts)

NEW – YOUTH 14-17

Prize money sponsored by **Nora Szabo**.

- 66. Focaccia bread (any named flavour, no larger than 12 inches square)
- 67. Protein or energy balls (3 on a paper plate in a plastic bag). **Recipe and entry tag attached.**
- 68. Healthy Brownie (3 2-inch squares on paper plate in a plastic bag) **Recipe and entry tag attached.**

NEW – DECORATED CAKE

Theme and flavour of your choice. No cake mixes or purchased frosting. Single layer 8 – 9-inch cake on covered cardboard. All decorations edible. Judging 60% decoration, 40% cake.

69. Age 8 – 13 1st \$20 , 2nd \$10

70. Age 14 – 17 1st \$20, 2nd \$10

Annual Bridget Fowler of Glenburnie Memorial Competition, sponsored by Frontenac County

PRIZE	1 st	2 nd	3 rd
MONEY	\$40.00	\$35.00	\$30.00

Exhibitors must be 14 - 17 years of age and a resident of Frontenac County. The unique work of each exhibitor is to foster the knowledge and skills of the culinary arts, judged on flavour and appearance. Each contestant must exhibit the following three items at the Kingston Fall Fair.

71. Entry must include 1 of each item, exhibited on a paper plate in clear plastic bag. **Attach entry ticket to the outside of the bag.**

- a. Healthy Muffin – any variety, stated on back of entry ticket.
- b. Nutritious Bar – any variety, stated on back of entry ticket.
- c. Scone –any variety, stated on back of entry ticket.